

SHARON RECREATION AND YOUTH

BASKETBALL PROGRAM

The Sharon Rec/Youth basketball program offers both a recreational and travel experience for youths interested in playing basketball. We provide programs for all youths in grades eight and under. These programs are offered from November through March.

Travel Basketball

The regional travel basketball program is known as **HOUSY HOOPS**. This program is offered for those youths who are interested in pursuing an involvement in basketball beyond a recreational experience; there is a bit more travel involved, the season tends to go a bit longer, there may be more practices and/or games than the recreational leagues. This is a regional program offered to the six towns in Region One therefore there may be tryouts for these teams if interest warrants.

Royals Basketball – this team is for girls in grades 7 and 8. They compete in the Northwest Travel Basketball League. They play their home games at Housatonic Valley Regional High School. Opponents are from the greater Litchfield County area, from Naugatuck to Winsted. The cost to participate in this program is \$100.

Housy Hoops – there are two travel teams for boys, a senior division team for boys in grades 7 and 8 and a junior division team for boys in grades 5 and 6. These teams compete in the RT44 Basketball League involving teams from the greater Litchfield County area. These teams practice and play games at Housatonic Valley Regional High School as well as Salisbury Central School and the Hotchkiss School. The cost to participate in this program is \$50 for these teams.

Recreational Basketball

Each town in Region One has the option of entering teams in the Northwest Basketball League, a league established for those players who either choose not to play on a travel team or who do not make the travel team roster. This is a recreational league and the schedule and rules will reflect that. When needed due to lack of players towns may 'Co-op' a team but most often towns will enter teams at the following levels for both boys and girls:

7th and 8th grades – we often do not have players at this level for recreational basketball. Many players choose to play on their school team with a committed few who may choose to then play in the aforementioned travel programs. However, if there are youths interested in playing a recreational level of basketball we can provide a place for them to play other than the travel leagues.

5th and 6th grades – both the boys and girls divisions have a full roster of teams. There are usually 12 games, plus or minus, starting in December and finishing with a league tournament in early March. There are usually two practices a week for these teams.

3rd and 4th grades – this program starts in December with practices. We will have anywhere from 6-8 games in January and February. We very much stress practice time and skill development at this level, with the games being a secondary consideration. We will offer this as a coed program when needed, however, we will do both a boys and girls team if there is sufficient interest.

The cost for the recreational team programs is \$20.

2nd grade and under – SRY offers a Saturday morning youth basketball program for all kids in grades 2nd and under. The program will run each Sat. in January and February from 9-9:45am in the Sharon Center School gym. It is very much a 'fun' oriented session with the intent to introduce basketball skills to our younger players. There is no fee for this program, however, we do ask that participants register with us.

ALL BASKETBALL PLAYERS ARE ASKED TO **NOT** WEAR THEIR BASKETBALL SHOES TO THE GYM. PLEASE USE OUR LOCKER ROOMS TO REMOVE YOUR STREET SHOES AND CLOTHING.