

## SHARON RECREATION AND YOUTH

### **SOCCKER PROGRAM**

The Sharon Recreation and Youth soccer program offers both a recreational and, in conjunction with the Northwest United Soccer Club, travel experience for youths interested in playing soccer. The recreational programs are for all youths in grades six and below and the travel program is for youths in high school through third grade.

#### **Northwest United Soccer Club** –northwestunitedsc.org

The NUSC is the soccer club that services the six towns of Region One. The club is part of the Connecticut Junior Soccer Association, Northwest District. The teams under the club's auspices participate in the leagues administrated through this state association. The district's leagues encompass teams from the greater Litchfield County area. As part of the state association there are rules and policies which differ than those under which the recreational leagues operate. Please refer to the club's website noted above for further information regarding NUSC.

The NUSC and our recreational departments work together in an effort to offer a comprehensive program for all of our youth's soccer interests. Ideally, those individuals who are interested in committing to a soccer experience beyond a recreational interest should look to participate on a club level. There are often more games on a club schedule, the competition is most often at a higher level and there is both a fall and spring season, with the option of playing in an indoor schedule during the winter months. The town recreational program runs in the fall only.

#### **Recreational Soccer Program**

Sharon Recreation and Youth offers a fall soccer program for all those youths interested in a recreational soccer experience. As such, there are usually around eight games on the fall schedule played in September and October. We have for many falls now hired a professional soccer trainer to work with each team for an hour each week. This has proven to be very popular and an effective means to which insure that our participants are getting the proper skills development that they should have.

We rely solely on volunteer coaches and parent team managers. Each summer we offer a week long soccer day camp which has been very popular over the years. **It is very important to note that REGISTRATION for the fall soccer program takes place THE PRECEDING SPRING.** The team commitments to the fall leagues take place during the summer so it is imperative that we know who is planning on playing fall soccer before the summer school break. The SBRY soccer program offers teams for the following age groups;

- **Kinder Soccer** - this program is for all youths in kindergarten and younger. It is run for six Saturdays in September and October from 9-9:45am at the soccer

field at Veterans' Field. It is a gentle introduction to soccer skills. There is no fee for this program. Registrations can be taken at the field when the session starts.

- **U-8** - we run the U-8 program as a coed team for all youths in grades 1<sup>st</sup> and 2<sup>nd</sup>. As their first team experience the format of play is geared towards participation not competitive results. The game is played 5vs5 on a small field with two concurrent games played at once. The idea is that each player on the field will have ample opportunity to touch the ball during the course of play. There are usually 6-8 games for this team. There is a \$20 fee for this program.
- **U-10** - the U-10 program is for youths in the third and fourth grades. We do offer both a boy's and girl's teams at this level. The format is 8v8 on a smaller field. The schedule usually consists of 8 games with a 'Jamboree' to end the season. There is a \$20 fee for this program.
- **U-12** - the U-12 program is for youths in the fifth and sixth grades. Again, there are teams for both boys and girls. Depending on the makeup of all the teams in the league the format may be 8v8 on a small field, if the numbers are low, or if the teams have a full compliment of players we may use the 11v11 format on a full size field. The schedule may have 8 games which is then complimented with a post season tournament. There is a \$20 fee for this program.